



Cinthya Yabar Lowder, M.D.

Dr. Lowder is originally from Lima, Peru, and grew up in The Woodlands, TX. She obtained her undergraduate degree at the University of Houston Honors College, and attended medical school at The University of Texas Medical School at Houston. She then trained in general surgery residency in Philadelphia, PA, at Einstein Medical Center, where she was able to learn in a totally new medical environment.

While in Philadelphia, she also spent time in an esteemed basic science and clinical research laboratory, completing two years of dedicated research in surgical oncology. Dr. Lowder then returned to Texas for a fellowship at The University of Texas Southwestern Medical Center in Dallas, and is now thrilled to be back in the Houston area to continue her practice at home.

PHYSICIAN

SPECIALTIES:

BREAST SURGERY

BOARD CERTIFICATIONS:

GENERAL SURGERY

CANCER CENTERS

Texas Breast Specialists-Kingwood

18980 W. Memorial Drive, Suite 440
Humble, TX 77338
T: 281-296-0365
F: 281-298-8907

Texas Breast Specialists-The Woodlands

9180 Pinecroft, Suite 600
The Woodlands, TX 77380
T: 281-296-0365
F: 281-298-8907

Background & Education

- **Fellowship in Breast Surgical Oncology**
The University of Texas Southwestern Medical Center, Dallas, TX
- **Fellowship in Research**
Thomas Jefferson University Hospital, Philadelphia, PA
- **Residency in General Surgery**
Albert Einstein Medical Center Philadelphia, Philadelphia, PA
- **Internship in General Surgery**
Albert Einstein Medical Center Philadelphia, Philadelphia, PA
- **Medical Doctorate**
The University of Texas Medical School at Houston, Houston, TX

Surgical Locations

- HCA Houston Healthcare Conroe
- Houston Methodist The Woodlands Hospital
- Memorial Hermann The Woodlands Medical Center
- St. Luke's Health-The Woodlands Hospital

Office & Outpatient

- **Abscess Drainage**
- **Breast MRI**
- **Breast Sonography and Ultrasound**
- **Cyst Aspiration**
- **Mediport Removal**
- **Needle Biopsy of Breast Lesions - MRI Guided Biopsy**
- **Needle Biopsy of Breast Lesions - Stereotactic Guided**
- **Needle Biopsy of Breast Lesions - US Guided**
- **Skin Biopsies**
- Stereotactic Needle Biopsies

Surgical Procedures

- **Axillary Lymph Node Dissection**
- **Excision of Chest Wall Tumors**
- **Excisional Breast Biopsy**
- Hidden Scar Lumpectomy & Mastectomy
- Hidden Scar Surgery
- **Lumpectomy - Partial Mastectomy - Quadrantectomy**
- **Mastectomy**

Surgical Locations

- TOPS Surgical Specialty Hospital

Medical Practice

- Einstein Medical Center Montgomery, Surgical Housestaff, East Norriton, PA (July 2015 – June 2017)

Personal Information

When not spending time with her patients, Dr. Lowder's interests include traveling, listening to classical Peruvian waltzes, and is a self-proclaimed foodie. She is trained in classical ballet, plays the drums and classical piano, and enjoys spending time with her family and German Shepherd.

Surgical Procedures

- **Mediport Placement**
- **Nipple Duct Excision**
- Nipple Sparing Mastectomy
- Oncoplastic Partial Mastectomy with Contralateral Mastopexy for Symmetry
- Oncoplastic Tissue Rearrangement
- **Radical Excision of Metastatic Lesions**
- Radioactive and-or Reflector Guided Localized Excisional Biopsy
- **Reconstructive Surgery**
- **Sentinel Lymph Node Biopsy**
- **Wire Localization Excisional Biopsy**

Accolades & Memberships

- Albert Einstein Medical Center Philadelphia, Chief Resident, Philadelphia, PA (2020)
- Albert Einstein Medical Center Philadelphia, Intern of the Year, Philadelphia, PA (2013 – 2014)
- Albert Einstein Society
- American College of Surgeons
- American Medical Association
- American Society of Breast Surgeons
- Association of Women Surgeons
- Enhanced Recovery After Surgery Society
- Society of Surgical Oncology
- The University of Texas Southwestern Medical Center, Surgery Research

Accolades & Memberships

Forum, Diversity, Equity, and Inclusion Award, Dallas, TX (2021)